



Center *for* Children and Youth

A DIVISION OF JEWISH FAMILY AND CHILDREN'S SERVICES



PROFESSIONAL DEVELOPMENT FOR SCHOOLS AND EDUCATORS

WORKSHOPS CATALOG



PREPARING EDUCATORS TO HELP CHILDREN THRIVE

JFCS' Center for Children and Youth has been an integral part of the Bay Area community for over 35 years, providing comprehensive services to families with children of all ages. In addition to offering a variety of parent education workshops through our Parents Place centers and online, we are pleased to offer our professional development workshops directly onsite at your school, organization, business location, or online via Zoom!

We can tailor our workshops to meet your staff's needs—just reach out to learn more!

We look forward to collaborating with you as we build strong communities, one family at a time.

What else does the Center for Children and Youth offer?

- One-on-One Parent Consultations
- Therapy for Children and Teens
- Child and Adolescent Psychiatry
- Occupational Therapy
- Assessments and Evaluations
- Classroom observations and interventions

Locations:

San Francisco • Palo Alto
San Mateo • Marin County

Contact us today to learn more!

888-927-0839

centerforchildrenandyouth.org

To schedule a workshop, discuss fees, or ask questions, contact:

Mary Tiamzon-Lee,
Regional Director, Business & Administrative Operations

Maryt@jfcs.org or 650-688-3021

Building Culturally Competent Classrooms—All Ages

Learn about the importance of an anti-bias approach in building and supporting a culturally diverse and responsive classroom community. We will analyze the four core goals of anti-bias work, including identity development, appreciation for diversity, honoring students' ideas of fairness and justice, and building students' activism in standing up for others. Come away with a variety of hands-on activities that promote a safe, culturally sensitive learning environment.

Creating an Environment for Effective Social and Emotional Learning—P/E

Diverse student populations can present challenges for teachers. This workshop uses various hands-on activities that can be used to promote an effective social and emotional learning environment in the classroom. Using literacy, math, science, and art activities we will explore the major social emotional skills, including the ability to develop confidence, friendships, concentration, and persistence. Educators will learn how to teach their students to effectively communicate emotions, be attentive, solve social problems, and self-regulate. Teachers will also learn ways to create meaningful relationships with and between their students and promote a positive environment and a successful learning experience for all.

Effective Ways to Build a Strong Team—P

Overview In this workshop, we will explore ways teachers can build a strong team through team building strategies and creative games to create an effective classroom environment. **Learning Outcomes** Participants will enhance classroom learning by using different strategies to promote 21st century skills (creativity, collaboration, communication, critical thinking, and problem solving) and reflective practice.

Expressing Creativity Using STEAM—P

Overview In this "make and take" workshop we will use different types of art techniques to challenge young learners to step out of the box and explore science, technology, engineering, and math and to inspire creativity. We will create lessons around different hands-on activities for young learners that provide them with quality STEM learning experiences.

Learning Outcomes

- Use creativity to explore science, math, technology, and engineering via books, hands on activities, and art techniques.
- Connect STEM, DRDP-PS and common core standards to hands-on lessons.

Workshop Duration 2 to 4 hours

Integrating 2-Year-Olds into Your Preschool Curriculum—P

Teachers will be provided with essential strategies and practical skills to integrate 2-year-olds into a preschool curriculum. We'll cover cognitive, social, emotional, and physical developmental milestones, as well as the importance of recognizing individual differences and developmental stages to create a supportive and effective learning environment for all students. Teachers will also learn best practices for holding productive conversations with parents of 2-year olds about their child's progress.

Managing Challenging Behavior in the Classroom—P/E

Learn how to prevent, manage, and respond to aggressive behaviors in your classroom including biting, hitting, and grabbing. Discuss strategies and tips for managing strong emotions and moderating impulsive reactions.

Recognizing Developmental Red Flags in Children—I/T/P

This workshop helps teachers and caregivers recognize what is outside of the typical range of development for young children in the areas of physical, verbal, or social development. We will also help you be prepared to talk to parents about these concerns.

Recognizing Signs of Autism Spectrum Disorder: What to Look for and How To Help Parents Get Support—I/T/P

Come and learn about the three main symptoms of autism required to meet diagnosis criteria, as well as the less obvious signs of possible autism in young children. We'll discuss when to recommend a comprehensive developmental evaluation for a student and how you can help parents find the support services they need.

Teachers as Partners: Creating a Culture of Collaborative Partnerships—All Ages

We will explore the family-based model that involves a systemic perspective, the child is part of a greater system, and that system operates most successfully when all parts are involved and supported. The systemic perspective recognizes that change in any one part affects all the other parts, and that family involvement benefits the child's experience. The systemic perspective also recognizes that family involvement benefits the child's experience in school.

NOTE: This list is not exhaustive of our expertise. If you didn't see quite what you were looking for, please let us know! We can provide customized training for your staff.

“The Center for Children and Youth has been a wonderful resource for our preschool. We often rely on them to provide us with an extra set of professional eyes and guidance to help our teachers and parents better understand and support individual children and their social and emotional development.”

— Marissa, Preschool Founder



**To schedule a workshop, discuss fees,
or ask questions, contact:**

Mary Tiamzon-Lee,
Regional Director, Business & Administrative Operations
Maryt@jfcs.org or 650-688-3021

SAN FRANCISCO

1710 Scott Street, San Francisco, CA 94115 • 415-359-2443

PALO ALTO

200 Channing Ave., Palo Alto, CA 94301 • 650-688-3040

SAN MATEO

2001 Winward Way, Suite 200, San Mateo, CA 94404 • 650-931-1840

MARIN

600 Fifth Avenue, San Rafael, CA 94901 • 415-419-3600



Center for Children and Youth

A DIVISION OF JEWISH FAMILY AND CHILDREN'S SERVICES

centerforchildrenandyouth.org